

A Mindful Society Conference 2018

From Curiosity to Compassion



University of Toronto & SickKids | May 25–27, 2018



20+hrs 
of optional
contemplative
practices

50+ 
Workshops,
presentations
& posters

60+ 
Speakers
leading
the field

800+ 
Mindfulness
practitioners
& professionals

Connect with a thriving community of mindful leaders
Understand leading trends in neuroscience, mindfulness and compassion
Guided meditations from leading teachers for any experience level

Register online at amindfulsociety.org

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SickKids

The Mindfulness Project

BUILDING CAPACITY SPONSOR



Center for Mindfulness
in Medicine, Health Care, and Society

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